

The Spirit of The Dance
Bob Blackie
8 x 32 Strathspey for 3 couples

Music - My Dearest Sally - Bobby Brown (SOCAN)

- 1 - 8 1st and 2nd couples dance the Tourbillion, first couple finish facing out
- 1 - 2 1st and 2nd couples turn with two hands, 1st man and 2nd lady dropping left hands and opening out on the side so that 1st man and 2nd lady change places.
- 3 - 4 retaining hands on the side, both couples set
- 5 - 6 1st and 2nd couples turn with two hands, 1st lady and 2nd man dropping left hands and opening out so that 1st lady and 2nd man change places (both couples are now on the opposite sides)
- 7 - 8 both couples cross over giving right hands
- 9 - 16 1st couple cast to their right, lady going round 3rd lady right shoulder, man round 2nd man, right shoulder, pass each other right shoulder in the centre of the set and cast to the right, lady round 2nd lady, man round 3rd man, to second place own sides, pass partner right shoulder to finish in 2nd place on opposite sides.
- 17 - 28 2nd, 1st and 3rd couples dance rights and lefts for three couples
- 17 - 18 2nd, 1st and 3rd couples cross over giving right hands
- 19 - 20 2nd lady and 1st man change places on the sides, while 1st lady and 3rd man do the same, while 2nd man and 3rd lady change places diagonally, all giving left hands
- 21 - 22 1st man and 3rd lady, 2nd lady and 3rd Man, 2nd man and 1st lady all cross right hand
- 23 - 24 3rd and 2nd couple change places on the sides, while 1st couple change places diagonally, all giving left hand
- 25 - 26 3rd man and 1st lady, 3rd lady and 2nd man, 1st man and 2nd lady all cross giving right hands
- 17 - 28 1st lady and 2nd man, 3rd lady and 1st man change places on the sides, while 3rd man and 2nd lady change places diagonally, all giving left hands.
- 29 - 32 1st couple turn 1½ times with both hands to finish in 2nd place ready to start again.

This dance was devised in memory of Bob Blackie a wonderful friend, dancer, and teacher. He left us far too soon in May 1998.

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